

## **JANUARY 2017**

## BECKER AREA SENIOR CENTER (BASC)

## www.Beckerareaseniorcenter.org

## OPEN TUESDAY & THURSDAY - 9:00AM - 2:00PM -- BECKER CITY HALL - ROOM 140

MON	TUESDAY	WEDNESDAY	THURSDAY	FRI
New Years Holiday observed  9 9:40 at BCC	3 9:00 Coffee, cards, conversation 11:00 Senior Strong exercise 12:00 Learn to crochet – yarn, hooks, patterns, help provided 10	4 12:30-2 Pickleball at BCC 2-3PM Bingo at McDonalds  11	<ul> <li>9:00 AM-Coffee and Cards</li> <li>10:00 AM Bone Builders</li> <li>11:00AM Whittling with Tom</li> <li>11:00AM Quilts, Sewing</li> <li>9:00 AM-Coffee and Cards</li> </ul>	6 9:40 at BCC Silver Sneakers 13
9:40 at BCC Silver Sneakers 4 PM Indoor walk club at BHS Field House track	9:00AM Coffee, rolls, conversation 9:15 AM- 500 Card Club with prizes 11:30 January Birthday Party and Monthly lunch- Chili & fixings 12:15 –Jerry & Joyce Band	12:30-2 PM Pickleball BCC 2-3PM Bingo at McDonalds	10:00 AM Bone Builders 11:00AM Whittling with Tom 11:15AM Game Day 12:15 Light lunch-Spkrs: Jan Energy Assistance, Dana Hinson & Barney, SNAP & Senior Dining	9:40 at BCC Silver Sneakers 10-12 Senior Social at BCC
9:40 at BCC Silver Sneakers 4 PM Indoor walk club at BHS Field House track	9:00AM Coffee, cards, conversation 10:00 Sewing for BASC Projects 11:00 Senior Strong Exercise 12:15 Lunch and Discuss Becker February "Celebrate Becker"	18 12:30-2PM Pickleball BCC 2-3PM Bingo at McDonalds 3:00PM BASC Board Meeting Becker Baptist-all welcome Note: Board Meeting new time	19 9:00 AM Activity Planning Mtg 9:00AM Coffee, cards, converstion 10:00AM Bone Builders 11:00 Whittling with Tom 11:00 AM - Do own craft: art, sew, etc and continue beginning crochet	9:40 at BCC Silver Sneakers
9:40 at BCC Silver Sneakers 4 PM Indoor walk club at BHS Field House track 30 9:40 at BCC	9:00AM Coffee, Rolls, Conversation 11:00 Cribbage with 5 <sup>th</sup> Graders 12:15 Tracey Otto-BCC, Insurance incentives at BCC & beyond 31 9:00AM Coffee, rolls, talk	25 12:30-2 PM Pickleball BCC 2-3:00 PM- Bingo at Becker McDonalds	9:00 AM-Coffee and Cards 10:00 AM-Bone Builders 11:00 AM -Whittling with Tom 12:15 Movie "The Long Run" & popcorn	9:40 at BCC Silver Sneakers
Silver Sneakers 4 PM Indoor walk club at BHS Field House track	10:00 Work on Chamber event plan 11:00 Senior Strong Exercise 12:15 Create cards - Carol Kiehn			

BASC is closed when Becker Schools are closed for weather

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BASC CELL PHONE: 763-528-0643

BASC Coordinator Carol Brunn

www.Beckerareaseniorcenter.org

Blood Pressure available whenever BASC open Send activity/class opportunities to gepato@copper.net